

WELFARE

ASSESSMENT

Our team helps individuals get basic services like medical care, schooling, shelter, SASSA grants, and advice on returning to their home country. We also visit our most vulnerable clients at home. We provide direct support for emergencies and special situations.

TURNAROUND PERIOD

The assistance will be provided in up to 3-6 weeks time from the day of consultation and assessment.

OPENING HOURS


The desk consults with clients from Monday to Friday in the morning 9:00-12:00, and in the afternoon by appointment.

Clients must demonstrate willingness to work alongside the W&D team, by supporting change in their own life circumstances.

ABOUT SCALABRINI

The Scalabrini Centre's mission is to welcome, to protect, to promote and to integrate people on the move into local communities.

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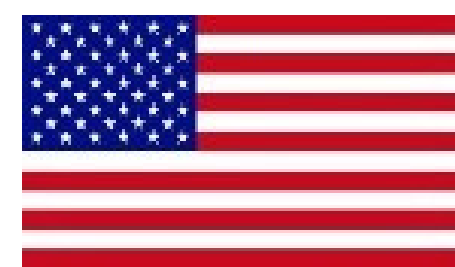
 **www.scalabrini.org.za**

 **@Scalabrini Centre of Cape Town**

 **@ScalabriniCT**



The Scalabrini Centre's activities are supported by:



WELLBEING & DEVELOPMENT

Welfare | Women's Platform | Men's Group

Wellbeing and Development aims to create a network that provides a safe space for people on the move, helping them build self-reliance and resilience. We offer psychosocial support programs, including mentorship, case management services, support groups, crisis help, and various soft skills activities. Our goal is to increase access to services and information for refugees, asylum seekers, and migrants, promoting their integration into South African communities.



WOMEN'S PLATFORM

"All great achievements require time"

To register, please call/WhatsApp on 061 649 6552

WHAT?

WHEN?

STEP 1:



OPEN WORKSHOPS

We offer Open Workshops on topics relating to:

- Human rights
- Health
- Leadership
- Professionalism

On Wednesdays, in person, or on Zoom. Join at least 3 to move to Personal Development or Convo Club!

STEP 2:

PERSONAL DEVELOPMENT



Learn more about emotions, trauma and anxiety regulation, self-care, communication skills, conflict resolution, change and integration, identifying values and skills, goal setting and action plans.

Duration: Twice a week, for 1 month

STEP 3:

SECTOR SKILLS TRAINING



Register for one of our four Skills Trainings:

- Craft
- Childcare
- Hospitality
- Nails

These courses are taught peer-to-peer by experienced members of the Women's Platform.

Contribution cost: R250
Duration: Twice a week, for 2 months

STEP 4:

LEADERSHIP



We aim to empower community leaders to advocate for their rights, needs, and interests effectively. We achieve this through interactive workshops and training sessions on topics such as leadership and negotiation skills, public speaking, community outreach and capacity-building initiatives.

Tuesday and Thursday (4 weeks)

CONVO CLUB

Learn, grow and connect!

We aim to create a supportive and motivating environment where individuals can share and discuss topics that affect their daily lives. We cultivate confidence and self-esteem in the English language and foster positive networking.

This course is open to everyone, men and women, new and old clients.

Duration: 1 month, twice a week.

EMOTIONAL SUPPORT GROUP

We provide a safe environment where clients with similar life difficulties share experiences. The space is utilized to share and learn from each other, improving coping skills and fostering healing, resilience and empowerment.



MEN'S GROUP

"It's not about perfection. It's about effort. And when you bring that effort every single day, that's how change occurs"

The Men's Personal Development Group aims to create a network of trust, support and growth. It provides a space for men to come together, identify and address the issues impacting their lives.

MEN'S CAFÉ

An open workshop on entrepreneurship skills, the power of consistency, leadership skills, healthy masculinity and more.

MODULES



Personal development



Effective parenting skills



Professional development and skills sponsorship

Duration: Twice a week for 1 month

COUNSELLING

Individual and family counselling services are provided to nurture positive change in family relationships. They allow one to explore their feelings and thinking, resulting in better decision-making and informed choices.