

## ABOUT


The Scalabrini Centre of Cape Town promotes development in the Western Cape whilst fostering integration between migrants, refugees and South Africans. We provide a range of services to clients from our premises in central Cape Town.


## OUR VISION


To build an open and intercultural society by overcoming every barrier, inequality and injustice - especially among vulnerable people - that can affect the integration of people on the move and South Africans.


## OUR MISSION

To welcome, to protect, to promote and to integrate people on the move into local communities.

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The Scalabrini Centre's activities are supported by:



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## WELCOME TO THE WOMEN'S PLATFORM!

*"If you get, give. If you learn, teach."*

Call / WhatsApp on 061 649 6552

### WHAT?

### WHEN?

#### STEP 1:

**Registration & English Assessment**

Link is sent online during the Intro to Women's Platform Open Workshop.

#### STEP 2:

**Open Workshops & Platform Meetings**

Online via Zoom on some Wednesdays and Fridays. You will receive notifications via the WP Whatsapp group

#### STEP 3:

**Conversation Club**

**Once a week  
10 weeks at the centre  
3 or 4 times a year**

#### STEP 4:

**Personal Development**

Tuesday and Thursday (4 weeks)

#### STEP 5:

**Sector Skills Training**

9:00-13:00 Twice a week (2 months)  
R250

#### STEP 6:

**Mentorship, Individualized Support & Leadership.**

By application



# WOMEN'S PLATFORM

A network of women supporting one another.



**Scalabrini**  
Centre of Cape Town



Scalabrini Centre of Cape Town



@ScalabriniCT

# OUR OBJECTIVE

To develop a Women’s network that serves as a safe space, increases self awareness and wellbeing through psycho-social support, access to personal development, skills training courses, sharing opportunities and resources on health, human rights, leadership and preparing for work.



# WOMANIFESTO

At Women's Platform we believe in:

- Supporting each other
- Standing together
- Building a network
- Accountability
- Mutual respect

*"All great achievements require time"*

# YOUR 12-MONTH JOURNEY IN WOMENS' PLATFORM HAS SIX STEPS

## STEP 1 Registration & English Assessment



To register with the Women's Platform, please sign up and join via WhatsApp on 061 649 6552. The link to register will be shared online during the Intro to Women's Platform Zoom workshop.

## STEP 2 Open Workshops & Platform Meetings



The Women’s Platform offers Wednesday Online Open Workshops (3 per month) on the topics of:

- health
- human rights
- leadership,
- and preparing for work.

In addition, the program also offers a women's health clinic and a leadership development group.

Platform Meetings (6 per year) are intended to build a sense of community among the women.

## STEP 3 Conversation Club



To prepare members of Women’s Platform for the future, it is vital that they have a strong command of English.

We reach this goal by collaborating closely with the English School, through a 10-week Conversation Club.

This group meets every Wednesday and engages in conversation practice to grow confidence in English language skills.

## STEP 4 Personal Development



Women who register with the Women's Platform must take part in a Personal Development course. The course is structured as follows:

- Two days per week for four weeks there is a morning and an afternoon class.
- Includes the topics: emotions, trauma and anxiety regulation, self care, communication skills, conflict resolution, change and integration, identifying values and skills, goal setting, action plan and mentorship.

## STEP 5 Sector Skills Training



After completing Personal Development, members of the Women's platform can register for one of four Skills Trainings.

These courses are taught by experienced members of the Women's Platform online/in-house. Each course is R250. The courses offered are:

- Craft
- Childcare
- Nails
- Hospitality

### Sector training includes:

- Job shadowing for some of the courses.

## STEP 6 Mentorship, Individualized support & Leadership



Once a member completes a Sector Skills Training, applications are open for:

- Individualized support
- Peer mentorship
- Advanced leadership training

**Call / WhatsApp WP on 061 649 6552**